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Fairway Village Social Committee Message

Jan Wallace, Chairperson

Summer activities continue as usual thanks to all the volunteers and residents who support and enjoy the fellowship opportunities that FSC supports. One such activity so many enjoy is the Koffee Klatch. We can all thank Carol and Gary Outzs for the hours they dedicate to make this "sweet" activity work smoothly.

Another fun summer activity is the pitch in dinner/dance at the end of the months of June, July and August, thanks to Gail and Richard Christensen. These events are well attended and appreciated.

We can also look forward to the Ice Cream Social in August thanks to Skip and Ed Day for chairing this event. They did an awesome job last year and must have enjoyed the responsibility of giving us the options of all those toppings. Be sure you are signed up for this "cool treat."

And I must thank all the volunteers who made the 4th of July party happen!

Next we are seeking a volunteer or two to chair the Labor Day Picnic. This is the event so many of us look forward to with roasted hot dogs and all the fixin's.

Summer Fun Party Finale

Gail Christensen 727-239-7787 (#92)

D lease come and enjoy the fun at The Summer Fun Party, Saturday August 22, 2015. This is the last pot luck/dance, starting at 5:00 p.m. and close at 8:00 p.m.

Music by Bob Swenson Make a dish to share and B.Y.O.B. Tickets go on sale Thursdays at 5:30 p.m.



Ice Cream Social

Skip Day

t's coming up on August 16 from 2:30 to 4:30 p.m. Mark your calendar. Don't miss it. Last year we had some hotshot volunteers to help us out. It's fun. Please step up to join the volunteers!

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Recent Deaths in Fairway Village

D lease pray for the families and friends of the people listed below who have recently passed away in 2015: Jack Bancroft and Fonza Giberson



Architectural Review Committee

The ARC Policies and Procedures Manual defines and outlines the guidelines for all exterior changes to homes as well as for replacing homes. This manual is available from the office or may be downloaded from the FVRA website (Fairway Info; Home Buyers information, ARC Revised P and P). Before you begin your project please obtain a Home Replacement or Modification Request form from the FVRA office or download it (page 12, Exhibit D, in the manual) and return the completed form to the FVRA office. The ARC, which meets most Mondays in the clubhouse, looks forward to working with you in replacing your home or planning the changes to the outside of your home.

State Flags at Half Moon Lake

Rod Blythe and Ron Wallace

big thank you to all of the flag sponsors and to all residents who enjoy them. We enjoy caring for our state flags. Here are more sponsors.

MARYLAND – Martha and Glenn Russell, Peg and Jim Perkins, Nancy and Bob Reppe, Mary and Tom Schiffgens, Gerri and Vern Thompson.

MASSACHUSETTS – Gail and John Carr, Susan and Wayne Eastwood, Lorraine and Bob Frye, Eleanor and Bill McGuirk, Barbara and Ralph Ormes, Jean and Don Osgood, Martha and Bill Trainor.

MICHIGAN – Geraldine Allen, Joyce Campsmith, Dorothy and Ralph Fritzinger, June Kendall, Joan Lutz, Donna and Bob Phillips, Pat Trefry.

NEW HAMPSHIRE – Paul Becotte, Justine and Bill Butterworth, Gloria and James Collins, Cheryl and Peter Dorfman, Eleanor and Bill McGuirk, Martha and Bill Trainor.

NEW YORK – Jewel and Pete Ahrns, Marilyn and Bob Barbour, Pat and Bill Bunce, Louis and Dick Carros, Gloria and James Collins, Genny Herberger, Stephanie Herdmann, Marg Libert, Dolly Lipson, Linda Miller, Joan and Gene Meyer, Dolores and Vince Randazzo, Helen and Ed Watzel, Julia and Wes Weisbrod, Dale Weisbrod.

If you would like to join in as a sponsor or for information please call us at 533-9712.

August Koffee Klatch

Gary & Carol Outzs

ome to the Fairway Village Koffee Klatch on Saturday, August 15, from 8:00 a.m. to 9:30 a.m. Everyone is welcome – residents and their guests. Sign-up sheet is on the bulletin board in the clubhouse. Please sign up by Wednesday, August 12th. A doughnut, coffee or tea provided by our FSC. Donations are accepted and appreciated. If you have any questions: 239-7441.



Women Working Wonders (WWW)

www.and the following worders continues to offer services to friends and neighbors in Fairway Village; if we can assist you please contact any of the following members. <u>Senior Services Resource Book</u> for help with transportation and local senior services; Ann Marie Cucinotta 535-4076.

<u>Grab Bars</u> for your bathroom or exterior door; Jean Malin 524-9239 or Mary Marks 412-8655. <u>Orthopedic Cushions</u>; Mary Marks 412-8655

<u>Amplified Phones, Telephone Reassurance Program;</u> Mary Blythe 533-9712 or Jean Malin 524-9239.

Limited Eyesight Reading Machine and Books on Tape; Joanne Thueneman 483-9980.

July Golf Scramble

Joanne Thueneman

alk about a hot time in the old town. Wow, it was a hot time on the golf course at Fairway in July. With a lot of places celebrating Christmas in July

right now, I wish we had a bit of the chilly weather at Christmas to go with it. It was hot and sultry, no breeze anywhere, but we had 50 stalwart golfers to go out in the open air sauna to play and enjoy the game. At least 97% enjoyed the game, I added a couple of new rules to the game to make it a bit different; 3 people didn't like the idea, but the rest of the players enjoyed having something new. Just remember, the mixed scramble is for meeting new people, and to have fun. No one cares how you play, it's just having fun. I really missed it though. I should have had a wet tee shirt contest at the end.

We had one team with a low of 26, 2 came in with 27, 1 with 28 and 1 with 29. I want to thank you all for your consideration towards your team members, I had one cancellation call that came in at 7:15 a.m., which gave me and another player the time to prepare. Thank you, it makes for a smooth operation. Also a big thank you to our super guys Bill Keen and Rick Moser for having our course in beautiful condition.

See you at the next scramble on August 1, 2015.





Wishing All of You A Happy Birthday – August 2015

George Clark 1 Marilyn Fick Irene Miller 2 Clem Opatz Wayne Pointen 3 Paul Foisy Joe Naber Toni Smith Marion MacPherson 4 Phil Whitehouse 5 Irma Munch Trish Tallant Greg Burgoyne 6 Marvin Quenneville 7 Lynn Earle Don Elseser **Douglas** Floyd Nick Polanski Sylvia Verge Carolina Miller 8 Marilyn Reinhart Al Bailey 9 Michael Clare 11 Karen Lombardo Debra Thompson Margaret Weir **Rose Pelchat** 12 Suzanne Wedding Ken Beek 13 James Collins Heimen Donker Norma Kenton Pete Pedersen Doug Verge

Dee Elice 14 Jeannette LaLiberte Paul Billard 15 Clarence Finch Darla Gabriel Pat Holliday Gayla Larkin Joseph O'Brien **Bob** Courdway 16 Pat Lumley **Richard Woodruff** John Birk 17 David Glauner Ida Grondin Howard MacKenzie Glenn Russell Anthony Skrobacz 18 Donald Daley Hilde Effikides 19 Jovce Madewell Joan Meyer Donald Myles Linda Stafford Karen Chouinard 20 Judi Flowers 21 Wilma Clifton Wanda Hahn Joan McGuirk 23 Irene Cap 24 Jim Anderson Ted Deisenroth

Gerald Gagnon

- 25 Donna Decerce Lydia Foisy Sheila Hill Gail Vandesande
- 27 Walter Allen Karen Davignon Heather Earley Linda Grounds Wayne Haas Bonnie MacDonald
 - Ralph Ormes
- 28 Dennis Aubin Richard Clark Shirley Franco Gordon MacDonald Faye Stefanko Roberta Williams
- 29 JoAnn Comer Joe Jacobi Betty Knutson
- 30 Christine Giordano Helen Jennings Robert Yauslin
- 31 Bernice Dondero Irene Gagnon Gladys Malone Roxy Marsh Earle Gamble





16

8

19

22

24

25

26

Wishing All of You A Happy Anniversaries – August 2015

- 1 Gordon & Bonnie MacDonald
- 2 Lewis & Gail Turner
- 3 Phillip & Wanda Hahn
- 4 Peter & Cheryl Dorfman Donald & Carole Fairchild
- 5 Tom & Anne Mitchell Leon & Margaret Slocomb
- 6 Ken & Gloria Beek
- 7 Gene & Joan Meyer
- 8 John & Joanne Knol Peter & Pauline Manahan Douglas & Eva Morton
- 9 John & Patricia Grass Robert & Joan Dunn Bill & Sonya Kjergaard
- 10 Carl & Elsie Hermach
- 11 Ted & Beverly Deisenroth
- 12 Willard & Carol Krieble
- 13 Otto & Barbara Forst Dennis & Diane O'Hara
- 14 Bill & Darla Gabriel

- Colin & Mary Boyle Bill & Judy Studnicki Bill & Martha Trainor Rudy & Donna Krueger Louis & Celeste Minafo John & Irene Sawayda James & Irene Sheardown Dick & Elsa Sunderlin Kris & Mary Lou Wechter Ronald & Kay Erickson Larry & Suzanne Wedding Nunzio & Ann Marie Cucinotta Gene & Phyllis Brooks Greg & Susan Burgoyne Bob & Vicki Johnson Edward & Patricia Wadman
- 28 Larry & Loretta Ensalaco
- 30 David & Julie Magnusson
- 31 William & Dotty Cunningham Jack & Ann Smay

FSC

- 1. To schedule any activities in the clubhouse or to put on calendar, call C. Miller @ 215-262-2098.
- 2. Tickets for dances, pancake breakfasts, some lite suppers, etc. are sold at the clubhouse on Thursdays between 5:30 and 6:30 p.m.



A Complete Listing of Resident Services can be found on the page before your calendar







FAIRWAY VILLAGE FLIER AUGUST, 2015 C

Important Information You Need to Know

Refer to monthly Flier calendar for activities.

- 1. Emergency when office is closed, call 687-2055.
- 2. The Architectural Review Committee (ARC) meets almost

every Monday at 3:00 p.m. Any outside changes to your house or yard MUST be approved FSO by the ARC

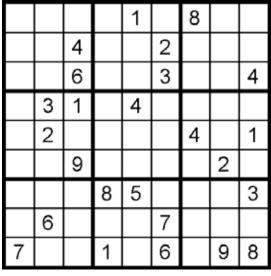
(i.e. new home, roof-overs, painting trim or driveways, planting shrubs, etc.). Forms are available at the office.

- 3. Lawn Watering. You may water 2 days per week as follows: Addresses ending with even numbers on Thurs. and/or Sundays. Addresses ending with odd numbers on Wed. and/or Saturday. Before 10:00 and after 4:00.
- 4. Debris pickup is on Tues. & Thurs. Have on curb cut into 4 ft. pieces by 9:30 a.m.
- 5. Any cable problems? Call 1-855-675-6200 or 239-1000 (mention bulk acct # 1269723).
- 6. Notify the FV office of any contact changes: i.e. phone numbers, mailing addresses, etc.
- 7. FVRA e-mail address: Fairwayvillage@knology.net.
- 8. Trash pickup on Tuesdays and Fridays.

August Sudoku

How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid. There is only one correct solution to each sudoku. Good luck!

Difficulty level: medium.



It's Beach

Time!







Difficulty level: medium.

August Is...

American Artist Appreciation Month. From Maxine Albro (1903-1966) to Karl Zerbe (1903-1972) and everyone else in between, celebrate American art in all its forms and the people who create it.

Get Ready for Kindergarten Month. This is the time of year when young children (and their parents) prepare for that all-important first day of school. Relieve their jitters by talking about what to expect, visiting the school and the teachers, and getting excited about the upcoming school year.

National Immunization Awareness Month. National Immunization Awareness Month (NIAM) highlights the importance of immunization—not just for kids, but for everyone. Activities focus on encouraging all people to protect their health by being immunized against infectious diseases.

National Spinal Muscular Atrophy Awareness Month. Spinal muscular atrophy (SMA) is a genetic disease affecting the part of the nervous system that controls voluntary muscle movement. An SMA diagnosis doesn't mean an end to your hopes and dreams. Changes and challenges lay ahead, but also opportunity, fulfillment, and hope for a future free of spinal muscular atrophy.

Celebrate Weekly

Clown Week, Aug. 1-7. Everyone loves a clown. Celebrations during this week take on a variety of forms, such as putting on shows in malls, child care centers, hospitals and nursing homes or educational events about clowns and fundraisers for numerous charitable causes.

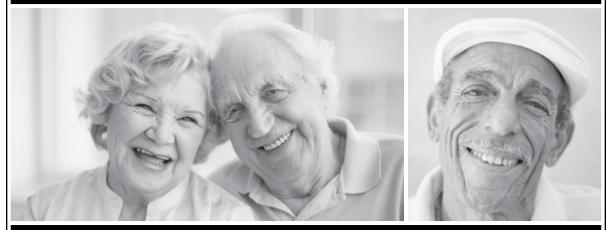
International Assistance Dog Week, Aug. 2-8. Created to recognize all the devoted, hardworking assistance dogs helping individuals mitigate their disability related limitations.

Elvis Week, Aug. 8-16. Held every year in Graceland, Tennessee, Elvis Week celebrates the life and legacy of Elvis Presley, "the King of Rock and Roll," with special events, live music, concerts, movies, and more.

National Safe At Home Week, Aug. 23-29. The National Safety Council estimates that 245 people die of unintentional injuries in and near their home every day. The purpose of National Safe At Home Week is to raise awareness of safety practices to prevent injury and death in and around your home.



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The Madonna Ptak Center for Alzheimer's and Memory Loss provides comprehensive care to patients with Alzheimer's and other memory loss disorders. Our multidisciplinary approach allows us to offer a variety of services with the goal of reducing the long-term impact of memory disorders and helping the patient live a better functioning life. The elements of the program include:

- A multidisciplinary clinic, including neurology and neuropsychology
- Patient and caregiver support groups
- Laboratory and imaging
- Memory Fit training course for enhancing memory ability
- DriveABLE, a driving evaluation



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For more information: (727) 461-8635

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403 Morton Plant St. Suite 402 Clearwater, FL 33756

BayCareNeuro.org

Services Directory

AIR CONDITIONING SALES/SEF	
Air Masters of Pinellas, Inc.	. 727-586-6969
Barron's Air Conditioning	
Modern A/C Service Co.	. 727-541-5541
APPLIANCE REPAIR	
Appliance Specialty, Inc.	.727-520-6002
Bob's Appliance Repair	. 727-637-4789
Sunset Appliance Service	. 727-559-1137
AUTO BODY & PAINTING Auto Painters Plus, Inc	
Auto Painters Plus, Inc	. 727-504-6891
AUTO SALES / PURCHASING	
Tampa Bay Car Cash	. 727-580-9580
AWNINGS	
Bay Area Aluminum Services, Inc	. 727-585-4442
Century Awnings Co.	. 727-559-8811
BATHROOM REMODEL	
BathMasters	. 727-333-7997
CADDET CLEANING	
Bill the Carpet Guy	. 727-521-4163
Doll Brothers Carpet/Upholstery Cln	rs.727-596-2249
CLEANING/INTERIOR	
Kathy's Cleaning Service	727-804-1116
COMPUTER SERVICES	
Largo Tech Services, LLC	727-474-4285
Notebooks Plus, Inc.	727-507-0533
DRIVEWAY COATING	
Concrete Wizard Inc	727-789-5444
Concrete Wizard, Inc.	
Velocity Air	727-754-7956
Velocity Air	
E & E Gliddon, Inc.	727-546-4343
Imperial Electrical Service	727-535-0708
Palm Harbor & Dunedin Electric	
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FLOOR REPAIR	
Affordable Floor Covering	727-641-1301
Flatworks	
Perfect Repair & Construction, Inc	727-539-0852
FOOT SPECIALIST - PODIATRIS	T
Mason, Dr. Peter M.	727_535_1010
FURNITURE & MATTRESS	.121-333-1919
AJ's Beds & Furniture	727 588 0406
GOLF CART REPAIR	.121-300-0+00
Pinellas Golf Carts, LLC	777 754 2023
GOLF CARTS SALES & SERVIC	E
Capital Golf Carts, Inc.	
Recreational Golf Cars of Florida	
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	707 500 2522
Knoblach Hearing Care, Inc	. 121-550-5555
O. E. Wilson - Auto INSURANCE: HEALTH	. 121-535-0524
	040 400 0050
Frank Martinez MANUFACTURED HOME SALES	.013-403-0053
Citrus Homes/Meadowood Homes	
MOBILE HOME SUPPLIES - RET	
Mobile Home Depot, Inc.	. 121-535-1100
Southeast Mobile Home Supplies	. 121-522-2090

MOBILE HOME WASH/WAX Wyngarden Mobile Home Wash 727-587-0876 MOBILE HOME WINDOW FILM PAINTING/INSIDE & OUTSIDE Socia's Painting & Waterproofing......727-345-6856 PEST CONTROL Buggin Out Termite & Pest Control ... 727-535-2629 Modern Pest Control, Inc. 727-410-1466 Nature's Resource Pest Control...... 727-785-2552 PLUMBING SERVICE ROOF COATING Community Roofing of FL, Inc.... 1-800-511-2517 Socia's Painting & Waterproofing......727-345-6856 ROOF REPLACEMENT AMS Advanced MH Systems 727-471-0820 ASC Aluminum Specialty Contr. 727-547-8300 Bay Area Aluminum Services. Inc. ... 727-585-4442 **ROOF WASHING** Heller's Mobile Home Washing 727-545-2665 ROOM ADDITIONS Bay Area Aluminum Services, Inc. ... 727-585-4442 TIE DOWNS/MOBILE HOMES VAPOR BARRIER VINYL SIDING ASC Aluminum Specialty Contr. 727-547-8300 WINDOW REPLACEMENT AMS Advanced MH Systems 727-471-0820 ASC Aluminum Specialty Contr. 727-547-8300 Community Roofing of FL, Inc..... 1-800-511-2517 WINDOW TREATMENTS/INTERIOR





AUGUST•2015

Sunday		Monday]]
	2	3	9AM - 2 Club 10 - 11:3 Commit 12:30 - 3
	9	10 10AM Committee Meeting	9AM - 2 Club 12:30 - 3 7 - 8PM Meeting
2:30 - 4:30PM Ice Cream Social	16	17	9AM - 2 Club 12:30 - 3
	23	24 10AM Committee Meeting	9AM - 2 Club 12:30 - 3 1:30 - 2: BOD Pla
	30	31	

Fairway Village

Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8AM - 2:30PM Golf Scrambles 9AM - 2PM Sailing Club
4 PM Sailing 0AM Music tee Meeting PM Dominoes	5 6 - 9PM Pinochle	6 12:30 - 3РМ РоКе-по	7	8 9AM - 2PM Sailing Club
11 PM Sailing PM Dominoes FVRA BOD	12 6 - 9PM Pinochle	13 12:30 - 3PM PoKe-no	14 10AM Finance Committee	15 8AM Koffee Klatch 9AM - 2PM Sailing Club
18 PM Sailing PM Dominoes	19 6 - 9PM Pinochle	20 12:30 - 3PM PoKe-no	21 10AM Finance Committee	22 9AM - 2PM Sailing Club 5 - 8PM Summer Fun Party
25 PM Sailing PM Dominoes 30PM FVRA anning Mtg.	26 6 - 9PM Pinochle	27 12:30 - 3PM PoKe-no	28 10AM Finance Committee	29 9AM - 2PM Sailing Club
				SEPTEMBER 2015 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



The body parts your body doesn't need

The human body is a marvelous machine, but like many devices, it contains some parts with no apparent function. According to the Mother Nature Network website, these physical attributes appear to have lost their original uses:

- Appendix. This tiny pouch in the abdomen near the larger and small intestines may have been necessary when early humans survived on a plant-based diet. Today it seems largely superfluous, aside from being a useful storage place for bacteria.
- Wisdom teeth. A leftover from when humans' jaws were larger, the extra molar no longer comfortably fits in most people's mouths and frequently has to be extracted in adulthood.
- Jacobsen's organ. In animals, including reptiles and amphibians, this organ in the nose detects pheromones emitted by potential mates. Although present in the human nose, it appears not to function in modern-day humans.
- Extra eyelid. Birds and reptiles have a nictitating membrane in their eyes that functions as a third eyelid. It's called the plica semilunaris, and apparently humans have them too, left over from earlier incarnations. It isn't entirely useless, though; it still helps to drain tears and remove foreign objects from the eye.

Get to sleep faster with these techniques

good night's sleep is essential to good health. Sometimes dropping off to dreamland doesn't come easily, though. When sleep is elusive, try these tips to get the rest you need:

- Relax during the day. Don't wait until bedtime to calm yourself down. Get into the habit of relaxation throughout the day with meditation, progressive muscle relaxation, deep breathing, and other techniques. Your body will learn how to relax more quickly and easily when you get into bed.
- Develop a bedtime routine. Most of us can't automatically switch off at night. Make a deliberate effort to wind down at the end of the day by turning off the computer and TV, relaxing with a good book, taking a warm bath or shower, dimming the lights, and doing anything else that helps you detach from the day.
- Breathe yourself to sleep. In bed, try this breathing exercise: Inhale through your nose, filling your chest for about four seconds, then exhale through your mouth. Or try counting—not sheep, but your breaths: Inhale for four seconds, hold it for seven seconds, then breathe out for a count of eight. Both of these will ease your heart rate and blood pres-



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Little-known facts about books and language

- he world of books, reading, and words is full of surprises. Take a look at some of these stories about writers and other creative people (from the Buzzfeed website):
- Green Eggs & Ham. This Dr. Seuss classic was written on a bet. Publisher Bennett Cerf wagered \$50 that Ted Geisel couldn't write a children's book using fewer then 50 different words. Geisel won.

- Thomas Jefferson. The third U.S. president (and writer of the Declaration of Independence) invented more than 100 "American" words to distinguish U.S. writing from British usage—including the word "anglophobia."
- Gone with the Wind. Margaret Mitchell began work on her first (and only) novel after recovering from an auto accident. During her convalescence, she read so many books from the local library that her husband got tired of going back and forth—so she suggested she try writing a book of her own.



• Amazon. The first book sold on the now dominant website was Fluid Concepts and Creative Analogies, by Douglas Hofstadter. Its subject: whether machines could be taught to think like people.

Stay optimistic to get ahead

Successful people are optimistic. They're realistic, and they see the challenges, but they don't lose their confidence. Here are some of the characteristics of "intelligent optimists" that anyone can master:

- Don't deny problems. Don't try to pretend difficulties don't exist. Learn to live with obstacles while looking for ways to overcome them.
- Accept reality. Recognize that you can't solve every problem. Don't get too wrapped up in trying to fix things you can't influence that you ignore what's possible.
- Don't bury negative thoughts. Everyone has them—"This will never work," or "Why am I wasting my time?" Instead of trying to repress them, ask what they're telling you, and work on getting past the problems that create negative thinking.
- Look for different solutions. Many solutions start as attempts to solve a different problem. Searching the background can provide clues to resolving the current difficulty.

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- 1. Cursed
- 6. Petty guarrel
- 10. Hairdo
- 14. Burdened
- 15. List of options
- 16. Lummox
- 17. Supplemented
- 18. Weightlifters pump this
- 19. Cypher
- 20. Bad luck
- 22. Applications
- 23. Tiny
- 24. Lariat
- 26. A change for the better
- 30. Watchful
- 32. Flip over
- 33. Convulsive
- 37. Tidy
- 38. City in France
- 39. Rodents
- 40. It produces electricity
- 42. A tart fruit
- 43. Donated
- 44. Rat or mouse
- 45. Welsh dog
- 47. A small piece of cloth
- 48. Magma
- 49. Authorized
- 56. Adjoin
- 57. False god
- 58. Hyrax
- 59. Man
- 60. Monster
- 61. Redress
- 62. Implored
- 63. Require
- 64. Conducts

1	2	3	4	5		6	7	8	9		10	11	12	13
14			\square			15					16			
17			\square			18		1			19			
20			\square		21						22			
				23					24	25				
26	27	28	29				30	31					1	
32			\vdash			33						34	35	36
37			\square		38		\vdash				39			\vdash
40				41			\vdash			42				\vdash
			43						44					\vdash
	45	46						47		1				
48					49	50	51				52	53	54	55
56			\square		57					58				
59			\square		60			1		61				\vdash
62					63		\vdash			64				\vdash

DOWN

- 1. Close violently
- 2. Dry riverbed
- 3. Probabilities
- 4. Coral barrier
- 5. Gifted
- 6. Strike
- 7. South American country
- 8. Nameless
- 9. Unmelodious
- 10. Habituated
- 11. Clean between teeth
- 12. Cowboy sport
- 13. Poems

- 21. Ump
- 25. Supply with weapons
- 26. A step on a ladder 27. Type of sword
- 28. Low-fat
- 29. Not segregated
- 30. A cook might wear one
- 31. Den 33. Satisfy
- 34. 10 cent coin
- 35. Computer symbol
- 36. 1/100th of a dollar
- 38. Large tent

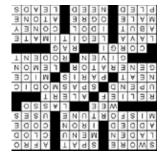
41. 18-wheeler

- 42. Rational
- 44. Rodent
- 45. A clique
- 46. Small egg
- 47. Angered
- 48. Lantern
- 50. Border
- 51. Pierce
- 52. Bit of dust 53. Dwarf buffalo
- 54. Care for
- 55. Visual organs



August is **National Eye Exam Month**

August Crossword



All for the best

A king was friends with a wise doctor. They spent many hours hunting together, talking about the world as they walked through the kingdom. The king was intrigued by the doctor's insistence that events always worked out for the best. He was never convinced, but they remained close friends.

Then one day they went out hunting. The doctor's rifle went off by accident, and the bullet hit the king in the hand. The doctor had to amputate two fingers, and the king was so angry that he had his friend thrown into a dungeon.

Several months later, the king went on a safari in the deep jungle. Bored, he went off by himself and was promptly captured by a band of savages who carried them back to their village.

The king realized that these people planned to eat them, and all his promises of riches and rewards if they freed him were ignored. But when they came to prepare him for their feast, they noticed that his hand lacked two fingers.

Their traditions demanded that they not harm anyone with an amputated limb. They freed the king, and he returned to camp unharmed.

When he got back to his castle, the king immediately freed the doctor. He told his friend the story, and added, "If not for you cutting off my fingers, I might have been killed."

The doctor was happy that the king. "You see, that proves my point about things happening for the best."

"But what about you?" the king asked. "You spent all those months in a dungeon. How did that work out for the best?"

The doctor smiled. "If I hadn't been in the dungeon, I might have been out hunting with you."

Go fly a kite

The mayor of a small town was walking through the park one day when she spotted a little boy flying an enormous and beautiful kite high in the sky. Intrigued, she walked up and asked who was responsible for the keeping the kite in the air.

"I am," the boy said. "I made this kite all by myself, and I got it up into the air on my own."

Then they both heard a whisper in the air. "I am the wind," the voice said. "I keep the kite in the air by holding it aloft with my breath."

A third voice, high-pitched and vibrant, joined in. "I am the kite's tail," said this voice. "I keep the kite stable as it flies through the air. Without me it would crash to the Earth!"

Moral: Cooperation and teamwork are essential to every endeavor.



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Plan your vacation with these trends in mind

You may already have taken your summer vacation and are eagerly planning next year's. If so, you might want to consider these 2015 vacation data, according to the Summer Travel Guide from the travel insurance comparison website InsureMyTrip. com.

The five most popular vacation destinations were the U.K., France, Italy, the Caribbean, and the Netherlands. Planning ahead makes sense: The survey found that 82 percent of travelers booked their trips more than 30 days ahead of time, with 15 percent

waiting until just a week or so before leaving to make their plans, and only 3 percent heading off at the spur of the moment.

Where will you stay? In the 2015 survey, 42 percent of vacationers chose hotels, 25 percent took a cruise, and 18 percent opted for vacation rentals. Only one in 10 survey participants said they bunked in with family or friends while traveling.



'Appointment TV' a thing of the past?

Not too long ago, the only way to watch your favorite show was to make sure you were home when the networks decided to broadcast it. Not so much anymore. Modern technology is taking hold of our viewing habits, according to the Digital Democracy Survey from Deloitte.



The study of more than 2,000 U.S. consumers age 14 and up found that 56 percent of viewers are streaming movies on their laptops, tablets, or other devices, and 53 percent stream television shows once a month. More than 42 percent of U.S. households use a video streaming service like Netflix to watch their shows and movies. Meanwhile, only 45 percent prefer to watch TV live.

Video streaming also makes binge-watching a thing, according to the survey: Sixty-eight percent of consumers report sometimes watching at least three episodes of a TV program in one sitting, and 31 percent of them do it once a week or more.

The right diet may guard against dementia

ould the right diet lower your risk of developing Alzheimer's disease? Maybe, according to an article on the MedicineNet website—although the results aren't conclusive yet. A study of adults who closely followed a combination of two wellknown diet plans, the Mediterranean diet and the DASH diet, found that subjects had a 53 percent lower risk of being diagnosed with Alzheimer's. Other subjects who stuck to the diet only moderately well saw their risk drop approximately 35 percent.

The combination diet plan, known as the MIND diet, emphasizes healthy grains, vegetables, beans, poultry, and fish, along with a limited amount of red meat, butter, and sweets. Researchers have noted that other factors, like smoking history, regular exercise, and challenging activities like Sudoku or crossword puzzles, have also contributed to diet followers' results.

On the other hand, both the Mediterranean and DASH diets are believed to effective at preventing heart disease, making them a healthy choice for other reasons.

Take proper precautions against electric shock

mild electrical shock can hurt; a major jolt can cause serious injury. Whenever you're working with live power, be careful to avoid problems by following the proper procedures:

- Turn off live circuits. Always unplug equipment or turn off circuit breakers when dealing with electrical power. Don't skip this step even when dealing with low-voltage appliances.
- Keep power off. When you turn off a circuit breaker, post a note warning co-workers not to turn it back on. Better yet, lock the circuit box so no one can accidentally send power back to a "dead" line.
- Use protective equipment. Gloves, facemasks, helmets, and other gear are important for your safety. Check the documentation to find out what you need, and ask your supervisor what he or she requires. Report and replace any defective equipment before getting to work.



• Check electrical cords. Examine cords for sign of wear and damage. If you see any exposed wire, or evidence that someone has tried to repair the cord with duct tape or electrical tape, replace it immediately. The cost is minimal, especially compared against the need for safety.



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Take precautions against the danger of a rough fall

■ alls are a leading cause of injury in the workplace and at home. Stay safe—and protect your co-workers—by remembering these basic safety tips:

• Practice good housekeeping. Keep your eyes open for anything that might cause a fall: loose carpeting, spills, cords, boxes, and the like. Keep hallways clear and remove any hazards immediately.

- Be careful on stairs. Watch where you're going when walking up or down the stairs. Keep stair areas well lit, and don't stack objects on steps to move later. Use handrails and make sure they're secured properly.
- Use ladders safely. Pick the right ladder for the job. Don't climb on chairs or desks to reach something up high. Face the ladder when climbing up and down, and maintain three points of contact at all times. Don't climb on the top two steps, or stretch too far to reach an object. If necessary, move the ladder or get a better one.

Get more productivity out of every day

f you're like most of us, you have too much work to do in too little time. If you want to maximize every minute of your day, try these tips to increase your efficiency:

- Pick three goals for the day. Start your day (or plan it the night before) by identifying three high-priority goals to accomplish. Work on this first, without getting distracted by other tasks. If you finish them off, select three more important goals. You'll feel more productive and less overwhelmed.
- Make quick decisions. Agonizing over every decision wastes time and energy. Try to make every decision in 60 seconds or less. A one-minute deadline will result in speedy decisions that are just as likely to be good as those you spend hours on.
- Schedule thinking time. Spend a certain amount of time thinking about what you want to do every week. Make plans, do research, analyze successes and failures, and give yourself permission to go off on tangents. Often you'll get your best ideas when you let your mind roam.
- Make a "to-don't" list. Identify tasks that don't contribute anything of value or don't represent the best use of your time, and get them off your to-do list. Eliminate them or delegate them so you have more time to focus on your priorities.

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Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are located the bottom of this page.

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14,492 manufactured home residents have won over \$124,374 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or <u>mail your paid reciept</u> to us at **Monthly Media • PO Box 1023 • Venice, FL 34284.** That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check. (Allow 4-6 weeks for mailing of check). This month's cash winners are:

		of check) This month's cash
Sharon Anderson	\$100.00	AJ's Bed & Furniture
Nello Cassai	\$10.00	Barron's AC & Appliance Service
Richard Daw	\$10.00	Chambers Specialties, Inc.
Bill Schwab	\$10.00	Haseney Electric
		Bill the Carpet Guy
Jack Sonneborn	\$10.00	Century Awnings
Walter Martin	\$10.00	E & E Gliddon
Dolores Calonita	\$10.00	Knoblach Hearing Care
Janet Hart	\$10.00	All Around Tours
Sandra Peterson	\$10.00	Notebooks Plus
Patricia Morreale	\$10.00	Palm Harbor & Dunedin Electric
Shirley McClure	\$10.00	Comfort Cover Systems
Leslie Cyrene	\$10.00	ASC, Inc.
Norma Eldridge	\$10.00	The Plumbing Patrol
William Shiels	\$5.00	
Betty Martin	\$5.00	
Elizabeth Murphy	\$5.00	Bob's Mobile Home Wash
Karen Haggerty	\$5.00	Century Awnings
Mary Marks	\$5.00	Kathy's Cleaning Service
		Rod Runners
Monica Gorman	\$5.00	Shonna Bender LMT
		Doll Brothers
		Air Masters of Pinellas
Ann Santos	\$5.00	Ron Wyngarden MH Washing

Gary Cornely	\$5.00	Chambers Specialties, Inc.
Timothy Buswell	\$5.00	Boss Electric Corp.
Ronald Carnegie	\$5.00	Jones & Sons Plumbing
		Modern Air Conditioning
Jim Whelpley	\$5.00	Action Appliance
Robert Post	\$5.00	Kathy's Cleaning Service
Georgia Goetting	\$5.00	E & E Gliddon
Mark Percoco	\$5.00	Air Masters of Pinellas
James O'Sullivan	\$5.00	Barron's AC & Appliance Service
		Battleline Termite & Pest Control
Phoebe Taylor	\$5.00	Bob's Mobile Home Wash
Mary Fochtman	\$5.00	Knoblach Hearing Care
		Debbie's Salon
Aida Amico	\$5.00	Bill the Carpet Guy
		Shonna Bender LMT
Michael Wisehart	\$5.00	Buggin Out Pest Control
Mildred Vilchis	\$5.00	Boss Electric Corp.
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Maurice Fisher	\$5.00	Recreational Golf Cars of Florida
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Disabled Parking Permit Holders: Are You Tired of Feeding Parking Meters?

By Ron Anderson

y wife and I enjoy visiting St. Petersburg, or occasionally Tampa, to go to a restaurant or whatever. We were told that as disabled parking permit holders we do not have to put money in parking meters. That's nice, but a prudent person will check out such a statement. Here is the straight story directly from the Florida statutes:

FS 316.1964 Exemption of vehicles transporting certain persons who have disabilities from payment of parking fees and penalties.—

(1) A state agency, county, municipality, or any agency thereof, may not exact any fee for parking on the public streets or highways or in any metered parking space from the driver of a vehicle that displays a disabled parking permit or a license plate ... if the vehicle is transporting the person who has a disability and to whom the disabled parking permit or license plate was issued.

(2) The driver of a vehicle that is parked as provided in subsection (1) may not be penalized for parking, except in clearly defined bus loading zones, fire zones, or access aisles



adjacent to the parking spaces for persons who have disabilities, or in areas posted as "No Parking" zones or as emergency vehicle zones, or for parking in excess of the posted time limits.

(5) Notwithstanding subsection (1), when an on-street parking meter restricts the duration of time that a vehicle may be parked, a vehicle properly displaying a disabled parking permit is allowed a maximum of 4 hours at no charge; however, local governments may extend such time by local ordinance.

Tampa holds to the four hour limit but St Petersburg allows disabled parking all-day, but not overnight parking. Affected persons might wish to take a look at the cited Florida statute to see other limitations concerning parking when there is a street fair, or a convention, or whatever taking place.

